

## **Cost of Services and Products:**

Consultation -- 1 hour	R600 It is advisable to bring the whole family along at no additional cost
Telephone consultation 1 hour	R600
Live Blood Analysis	R290
Colon Therapy: First treatment costs R600 if you have not come in for a prior one hour consultation	
Thereafter cost of colon therapy per treatment	R390
Herbal colon therapy	R430 single treatment
Lymph Drainage Massage Treatment	R290
'Being Human' book (it's a best seller with rave reviews)	R190 (R220 incl. postage)
Buy 5 or more books (has proven to be an excellent gift)	R100 each (plus postage)
Bentonite Clay (1.2litre) and Psyllium Husk (200g)	R350 (R440 incl. postage)
Being Human Probiotic (1 litre Natural Gut Bacteria)	R220 (R270 incl. postage)
Being Human Health Booster (1 litre Natural Bacteria for immune system)	R220 (R270 incl. postage)
Stainless steel tongue cleaner:	R60
Natural fibre skin brush:	R190

**\*Please note – We do not have credit/debit card facilities**

### **Do-it-yourself Detox life makeover with guided instructions - Package 1:**

Being Human Book, Bentonite Clay and Psyllium Husk , Probiotic, Health Booster, Tongue Cleaner, Skin Brush, telephone guidance and advice, schedule to do your own liver detox, plus postage – **R1320**

### **Do-it-yourself Detox life makeover with guided instructions - Package 2:**

Bentonite Clay and Psyllium Husk x 2, Probiotic, Health Booster, telephone guidance and advice, schedule to do your own liver detox, plus postage **R1200**

Two machines that are important and necessary to have in your kitchen are a good blender and juicing machine. We are agents for the best range of **Juicers, Blending Machines** etc. that will provide you with delicious cellular nutrition in a jiffy.

**One day detox retreat** –Includes the following: Consultation, Live blood analysis, Dietary and Lifestyle Advice, 5 detox drinks, Fresh Squeeze fruit and vegetable juices, two colonics. The second one is a Herbal Colonic to kill parasites and worms, a Deep tissue acupressure and Lymph drainage massage – Guaranteed to literally make you feel lighter, internally cleaner and rejuvenated. We focus on 2 things: Educating you on how toxic waste creates disease, fatigue and pain - and providing you with the astounding experience of feeling what it can be like to pursue a lifestyle of internal hygiene. Arrive at 8am or as early as possible and finish approx. 2pm. (If rooms are available, we don't mind if you're here for longer – Price does not include overnight stay)

**Normal value R2500 – currently on an awesome special price for only R1900-00**

*“I know I must be just another of the thousands you’ve worked with who’ve said the same thing, but words really cannot express the amazing sense of well-being and lightness I feel. I cannot believe the amount of toxic waste I have been walking around with. It’s shocking. We can talk at length about it, but nobody can really understand without actually going through this experience. A huge big thank you to your incredible, warm and caring team” Karen Du Plessis*

### **Seven day fasting and Detox Package 1 – No stay over**

- Live blood analysis before and after treatment and after 21 days if you are local and can come in to note the progress in internal hygiene.
- One daily colonic
- Herbal colonic on last three days to kill parasites
- Daily lymph drainage massage to mobilise clogged lymph nodes and stagnant lymph fluid in tissues
- Ozone therapy sauna or Far infrared sauna
- Liver Detox on 5<sup>th</sup> night (we will provide you with the simple written how-to-do-it schedule)
- Bentonite clay and Psyllium husk, Probiotic and Health Booster x2 + stainless steel tongue cleaner + Natural Fibre Brush + Being Human book
- Time duration for treatments per day is approximately two and half hours
- Cost of this 7 day package ranges from **R8 800** up to **R12 500** depending on the individuals specific conditions. The full amount to be paid in advance or on the first day of treatment.

### **Seven day fasting and Detox Package 2 – No stay over**

- Live blood analysis before and after treatment and after 21 days if you are local and can come in to note the progress in internal hygiene.
- Two colonics daily
- Morning herbal colonics on last three days to kill parasites
- Daily lymph drainage massage to mobilise clogged lymph nodes and stagnant lymph fluid in tissues
- Liver Detox on 5<sup>th</sup> night (we will provide you with the simple written how-to-do-it schedule)
- Life coaching and the unique and powerful Being Human guidance to detoxify on the mental and emotional level, understanding the Being Human philosophy of your energy system, dietary advice and planning an Expert Lifestyle after you finish your detox to assist you recreate your life from inside out
- We will provide you daily with 5 detox drinks and 2 or 3 fresh squeeze juices/ nut milk drinks
- Time duration for treatments per day is approximately 5 hours
- Bentonite clay and Psyllium husk, Probiotic and Health Booster x2 + stainless steel tongue cleaner + Natural Fibre Brush + Being Human book
- Cost of this 7 day package ranges from **R16 200** up to **R19 500** depending on the individuals specific conditions and needs. The full amount to be paid in advance or on the first day of treatment.

### **Seven day fasting and Detox (stay in) Retreat**

- Live blood analysis before and after treatment and after 21 days if you are local and can come in to note the progress in internal hygiene.
- Two colonics daily except last day where we will decide if second one is necessary
- Morning herbal colonics on last three days to kill parasites

- Lymph drainage massage to mobilise clogged lymph nodes and stagnant lymph fluid in tissues
- 5 detox drinks daily
- Zapping with small electrical unit to kill parasites
- Fresh squeeze fruit and vegetable juices/ nut milk drinks, herb teas, filtered water daily
- Liver Detox on 5<sup>th</sup> night between 8 and 9pm. Upon discretion we may do additional half a liver detox on 4<sup>th</sup> night to prep you for the 5<sup>th</sup> night
- Deep enquiry into your lifestyle and, blending science with common sense, graphic explanation as to why your diseases have manifested in your body.
- Addressing the issues beyond your physical body that leads to disease, misery and medication dependency.
- Dietary advice and life coaching to guide and assist you detoxify mentally, emotionally and physically so that you can recreate your life from inside out.
- Creation of a simple, powerful and effective plan to maintain a lifestyle that will enable you to live disease, misery and medicine free for the rest of your life.
- Accommodation for 6 nights and 7 days
- Time duration for treatments generally from early morning until evening.

### ***You are required to:***

- Rest as much as possible
- Write down your contemplations in a blank hard cover note book provided or in your own spiritual journal if you have one (please bring along).
- Carry sleep clothes and comfortable casual clothes. (No need for huge luggage at all)
- No makeup or perfumes while you're here or expensive jewellery. Advisable to leave them at home
- **(Please do take your doctor's medication as prescribed, but we found that many people reduced and weaned themselves off some medication already on the 2<sup>nd</sup> day (diabetics please ensure you do your necessary blood sugar and ketone testing and administer your insulin/medication as prescribed by your doctor during your detox.)**
- If you smoke, we would obviously prefer you not to, but if you simply must, you may do so outside the house.
- If you still need to conduct your business via computer and cell phone, please keep it to the bare minimum.
- If it's not business, then we prefer cell phones switched off and only one call in the evening to family if necessary.

### **Why is the unique treatment routine we practice so effective in helping thousands of people over the last 15 years reverse practically any disease?**

Quite simply, our method is designed to systematically cleanse and purify the approximately 20 liters of biochemical in your body. This is the petrol that drives the vehicle of your soul on the freeway of your life. When we start work with you we will take a drop of this biochemical, place it under a powerful microscope and together look at it displayed on a computer screen. On the wall in front of you is a chart showing what good clean biochemical (made up of blood and lymph fluid) should look like. When we compare what most people's biochemical actually looks like, it's like diesel in a petrol driven vehicle. Our job, through our unique methods is to cleanse, purify and restore it back to its normal condition.

### **Why is it important for this biochemical to be its normal alkaline state instead of the impure acidic condition most people's biochemical is in?**

It has everything to do with how every disease is fed to grow through the acute, sub-acute, chronic to degenerate stages in your body. Your entire body is composed of microscopic cells. Each cell is a complete living organism, a complete microscopic unit of life. The dream of one cell is to become two, so it divides, splits into two, and multiplies. That's how life lives itself. The other important function of these cells in your body is to produce energy 24/7. If they all stopped producing energy simultaneously, we'll call that

death, cold, lifeless – no energy, no life. This 20 litre of biochemical surrounds and hugs each beautiful cell of your body, giving it what it needs to produce energy, carrying away by-product waste from energy creation and supports new cell growth when they divide to multiply. This biochemical is your immune system. It protects and nourishes each cell, but if it is acidic and filled with toxic waste and parasites, it will agitate, distress and disease the cells. In the toe we'll call it gout, in your head, migraine and many other names in between for the same cellular degeneration that will happen. Planet Earth is suffering from a disease called Global Warming (no prizes for guessing why) and our own earth bodies too are diseased, suffering and dying early from toxic waste. Colon cancer is today the number one cancer (once again, no prizes for guessing why)

Thousands we have worked with now live disease, misery and medicine free as a result of internal hygiene and the foundation we create for your body to heal itself. Although the seven day retreat is a highly effective deep tissue and vital organ detox process, we offer guidance to detox the mental and emotional self. It is very evident during this retreat that when your body unburdens itself of toxic waste, it's gets easier to deal with mental and emotional baggage. Besides, it is the same acidic biochemical that can feed the toe with gout that feeds the brain which is involved in thought making processes, which produce subsequent emotions. Simply put, when your body is unwell and in pain, it agitates your mind and emotions which results in a chemical reaction that floods your biochemical, saturates the tissues and makes your body feel worse. It becomes a vicious cycle, which we break with our vast experience over the last 15+ years of working with thousands of people and getting incredible results.

We have many successful stories from people with chronic and degenerate disease to people who just want to maintain their trim figures and vibrant state, like the ex-Miss South Africa first Princess who regularly patronises the Centre for years to maintain her stunning looks. Visit our website for more client experiences [www.detoxcentre.co.za](http://www.detoxcentre.co.za)

Nearly everyone who comes to us has spent thousands on doctors, hospitals, medicines, supplements and a range of other therapies in their desperation to get rid of disease, pain, misery and suffering. Nothing really helps long term. The cost of a simple surgical procedure can be R30 000 to a million Rands for a liver transplant. Never mind the cost in down time, low productivity, anger, hopelessness and pain. We can help you recreate your life from inside out.

**The cost of the basic 7 day/6 night treatment is R22 500; this includes the products that you will need to continue detoxification over the next 14 days. A non-refundable deposit of R3000 secures your booking. Please use your name as reference when making payment. The balance is to be paid upon arrival. There is a taxi service at the airport but if you require us to pick up and drop off at airport, additional cost is R800.**

**\*Staff tips are permissible**

Although the 7 day is the recommended basic treatment, detox is most effective over a 21 day period, hence we will set down a lifestyle routine for the next 14 days to continue the process of healing and rejuvenation. Costs can be tailored for variations in the retreat package for longer or shorter periods of stay over with us. Follow our Being Human Lifestyle and you will **grow younger and live longer, without disease, pain and medication dependency.**